

10th International Congress OF INTERNAL MEDICINE

March 22-24 2018 Athens Greece

Save the Date

Organizers:

-  INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE
-  DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos

ΕΠΙΣΤΗΜΟΝΙΚΟ ΠΡΟΓΡΑΜΜΑ
 MEDICAL PROGRAM
 ΟΛΗ Η ΕΠΙΣΤΗΜΟΝΙΚΗ ΠΡΟΓΡΑΜΜΑ ΤΗΣ ΕΠΕΤΗΣΙΑΣ
 DESAVANTAGE OF MEDICINE & HEPATOLOGY

PRELIMINARY SCIENTIFIC PROGRAM

Organizing – Administrative Bureau / Secretariat:



Conferre S.A.: "The Art of Bringing People Together", Stavrou Niarchou Avenue, GR 451 10, Ioannina, Greece,
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**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL
MEDICINE,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos**

ORGANIZING COMMITTEE (BOARD MEMBERS OF THE INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY):

President: G.N. Dalekos

Members: K. Krapis
K.P. Makaritsis
C. Mandros
G. Ntaios

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Participating scientific authorities:

EUROPEAN SOCIETY FOR SWALLOWING DISORDERS

HELLENIC ASSOCIATION FOR THE STUDY OF DIABETIC FOOT

HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER (*submitted for approval*)

HELLENIC DIABETES ASSOCIATION

HELLENIC SEPSIS STUDY GROUP

HELLENIC SOCIETY OF INTERNAL MEDICINE

HELLENIC STROKE ORGANIZATION

Under the auspices of:

EUROPEAN FEDERATION OF INTERNAL MEDICINE

FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

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PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 22, 2018

09:00 – 10:30

ORAL PRESENTATIONS

Chairpersons: **TBA**

10:30 – 11:00

STATE –OF-THE-ART LECTURE

Chairperson: **TBA**

Future innovations in cardiovascular medicine

TBA

11:00 – 11:30

E-poster viewing/Coffee break

11:30 – 13:00

ROUND TABLE

Interventional procedures in cardiovascular diseases

Chairpersons: **Nikolaos L. Katsilambros** (Athens, Greece)
Athanasios Giannoukas (Larissa, Greece)

Non-pharmacological intervention in atrial fibrillation

Georgios Andrikopoulos (Athens, Greece)

Management of asymptomatic carotid stenosis

Richard Bulbulia (Oxford, UK)

Transcatheter aortic valve replacement

Emmanouil Vavouranakis (Athens, Greece)

13:00 – 14:00

SYMPOSIUM

β -blockers as first-line treatment in arterial hypertension

Chairperson: **Alberto Zanchetti** (Milan, Italy)

Pros

Alberto Zanchetti (Milan, Italy)

Cons

TBA

14:00 – 16:00

E-poster viewing/Leisure time

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16:00 – 17:30

ROUND TABLE

Dysphagia disorders in clinical practice

European Society for Swallowing Disorders

Chairpersons: **Pere Clave** (*Mataró, Spain*)

Emilia Michou (*Manchester, UK*)

Dysphagia: Incidence and characteristics

Emilia Michou (*Manchester, UK*)

Aging and dysphagia (presbyphagia)

Pere Clave (*Mataró, Spain*)

Dysphagia in stroke & neurostimulation

Hamdy Shaheen (*Manchester, UK*)

17:30 – 18:00

SATELLITE LECTURE

18:00 – 19:30

ROUND TABLE

Intracranial haemorrhage and cerebral microbleeds

Hellenic Stroke Organization

Chairpersons: **David Werring** (*London, UK*)

George Ntaios (*Larissa, Greece*)

Early blood pressure lowering in acute intracerebral
haemorrhage: How low?

Else Sandset (*Oslo, Norway*)

Acute management in antithrombotic-related intracerebral
haemorrhage

Stefan Engelter (*Basel, Switzerland*)

Restart or Stop antithrombotics after intracerebral haemorrhage?

Rustam Al-Shahi Salman (*Edinburgh, UK*)

Cerebral microbleeds: current knowledge and implications for
clinical practice

David Werring (*London, UK*)

19:30 – 19:45

Break

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19:45 – 21:00

OPENING CEREMONY **Welcome**

Inaugural Lecture

Internal Medicine in the 21st Century: Challenges in education
and research

Maria Dominica Cappellini (*Milan, Italy*)

21:00

WELCOME RECEPTION

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Friday, March 23, 2018

08:30 – 10:00

ORAL PRESENTATIONS

Chairpersons: TBA

10:00 – 11:30

ROUND TABLE

Diabetic foot: Advances in everyday clinical practice

Hellenic Society of Internal Medicine

Hellenic Diabetes Association

Hellenic Association for the Study of the Diabetic Foot

Chairpersons: **George Dimitriadis** (Athens, Greece)

Nikolaos Tentolouris (Athens, Greece)

TBA

TBA

PARALLEL SESSION

10:00 – 11:30

ROUND TABLE

Hypertriglyceridemia: A true risk factor or innocent bystander?

Chairperson: **Genovefa Kolovou** (Athens, Greece)

TBA

TBA

PARALLEL SESSION

11:30 – 12:00

E-poster viewing/Coffee Break

12:00 – 13:30

ROUND TABLE

Medication adherence

Chairpersons: **Periklis Giovvas** (Zug, Switzerland)

Elisio Costa (Porto, Portugal)

Medication adherence: The magnitude of the problem

Elisio Costa (Porto, Portugal)

Interventional (non-educational) tools to improve medication

Przemyslaw Kardas (Lodz, Poland)

Educational tools to improve medication adherence

Periklis Giovvas (Zug, Switzerland)

PARALLEL SESSION

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PARALLEL SESSION

12:00 – 13:30

ROUND TABLE

Autoinflammatory syndromes

Chairperson: **Konstantinos Ritis** (*Alexandroupolis, Greece*)

The role of *IL-1 β* in autoinflammation

Ioannis Mitroulis (*Dresden, Germany*)

Stress-induced inflammation: Lessons from Familial
Mediterranean Fever

Panagiotis Skendros (*Alexandroupolis, Greece*)

Inflammasomes activation in the pathogenesis of Ankylosing
Spondylitis

Francesco Ciccia (*Palermo, Italy*)

13:30 – 14:30

SATELLITE LECTURE

14:30 – 15:30

E-poster viewing/Leisure time

15:30 – 16:30

SYMPOSIUM

Combination treatment in the era of MDR bacteria infections

Chairperson: **Francesco Menichetti** (*Pisa, Italy*)

George Daikos (*Athens, Greece*)

Due to Gram negative bacteria

Mario Tumbarello (*Rome, Italy*)

Due to MRSA

Francesco Menichetti (*Pisa, Italy*)

16:30 – 17:00

STATE-OF-THE-ART LECTURE

Hellenic Stroke Organization

Chairperson: **Konstantinos Vemmos** (*Athens, Greece*)

Endovascular thrombectomy in acute ischemic stroke

Panagiotis Papanagiotou (*Bremen, Germany*)

17:00 – 17.45

SATELLITE SYMPOSIUM

17:45 – 18:15

E-poster viewing/Coffee break

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18:15 – 19:45

ROUND TABLE

Internal Medicine in the core of medical specialties

European Federation of Internal Medicine (EFIM)

Chairperson: **Luis Campos** (*Lisbon, Portugal*)

European education centre for Internal Medicine
Rijk Gans (*Groningen, The Netherlands*)

Young internists subcommittee actions
Alberto M. Marra (*Naples, Italy*)

Gender differences in medicine
TBA

19:45 – 20:15

STATE –OF–THE–ART LECTURE

Chairperson: **George N. Dalekos** (*Larissa, Greece*)

Quality of care and professional issues
Luis Campos (*Lisbon, Portugal*)

20:15 – 21:00

SATELLITE SYMPOSIUM

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Saturday, March 24, 2018

08:30 – 09:30

ORAL PRESENTATIONS

Chairpersons: TBA

09:30 – 11:00

ROUND TABLE

Perspectives in viral hepatitis treatment

Hellenic Association for the Study of the Liver

Chairperson: **George V. Papatheodoridis** (*Athens, Greece*)

TBA

TBA

09:30 – 11:00

ROUND TABLE

Lymphomas and myelodysplastic syndromes in autoimmune diseases

Chairperson: **Michael Voulgarelis** (*Athens, Greece*)

Autoimmune disorders: Risk factors for lymphomagenesis
Haralampos M. Moutsopoulos (*Athens, Greece*)

Virus-driven autoimmunity and lymphoproliferation:
The example of HCV infection

Salvatore De Vita (*Udine, Italy*)

Myelodysplastic syndrome and autoimmune disorders:
Cause or consequence?

Pierre Fenaux (*Paris, France*)

11:00 – 11:30

STATE-OF-THE-ART LECTURE

Chairperson: **Matthaios Speletas** (*Larissa, Greece*)

Update on primary immunodeficiencies

TBA

11:30 – 12:00

E-poster viewing/Coffee break

PARALLEL SESSION

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12:00 – 13:30

ROUND TABLE

Unmet clinical needs in autoimmune liver diseases

Chairpersons: **George N. Dalekos** (*Larissa, Greece*)
Pietro Invernizzi (*Milan, Italy*)

Autoimmune hepatitis

Marco Lenzi (*Bologna, Italy*)

Primary biliary cholangitis

Pietro Invernizzi (*Milan, Italy*)

Primary sclerosing cholangitis

Christoph Schramm (*Hamburg, Germany*)

Pediatric autoimmune liver disease

Giorgina Mieli-Vergani (*London, UK*)

13:30 – 14:00

STATE-OF-THE-ART LECTURE

Chairperson: **Stylios E. Orfanos** (*Athens, Greece*)

Pulmonary hypertension: New aspects

Dario Vizza (*Rome, Italy*)

14:00 – 14:30

SATELLITE LECTURE

14:30 – 16:00

E-poster viewing/Leisure time

16:00 – 17:30

ROUND TABLE

Sepsis in 2018

Hellenic Sepsis Study Group

Chairpersons: **Charalambos Gogos** (*Patras, Greece*)
Evangelos J. Giamarellos-Bourboulis (*Athens, Greece*)

Does immunosuppression in sepsis really exist?

Jean-Marc Cavillon (*Paris, France*)

Macrophage activation and sepsis

Mihai Netea (*Nijmegen, The Netherlands*)

Current guidelines for sepsis management

Evangelos J. Giamarellos-Bourboulis (*Athens, Greece*)

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PARALLEL SESSION

16:00 – 17:30

ROUND TABLE

Biologic agents in Internal Medicine

Chairpersons: **TBA**

Petros P. Sfikakis (*Athens, Greece*)

General principles and pathophysiological background for their implementation

Petros P. Sfikakis (*Athens, Greece*)

Biologics in psoriasis

TBA

Biologics in IBD

TBA

Biologics in rheumatic diseases

TBA

17:30 – 18:00

STATE-OF-THE-ART LECTURE

Chairperson: **Eirini I. Rigopoulou** (*Larissa, Greece*)

IgG4 related disease: An underrecognized entity

Michael Trauner (*Vienna, Austria*)

18:00 – 19:00

SYMPOSIUM

Update on hepatocellular carcinoma

Chairperson: **TBA**

Advances in medical treatment

TBA

Advances in surgical treatment including liver transplantation

TBA

19:00 – 20:30

SATELLITE SYMPOSIUM

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